

PSHE Curriculum Map 2026-27

PSHE – Our Why?

The aim PSHE/SRE curriculum at Discovery is to allow our pupils to be Healthy, social, free thinkers that are safe and aware of the world around them. Pupils develop their knowledge and skills through the grades and steps driven by a theme for PSHE every half term that uses the 4 corners of Engage, Develop, Innovate and Express to embed learning.

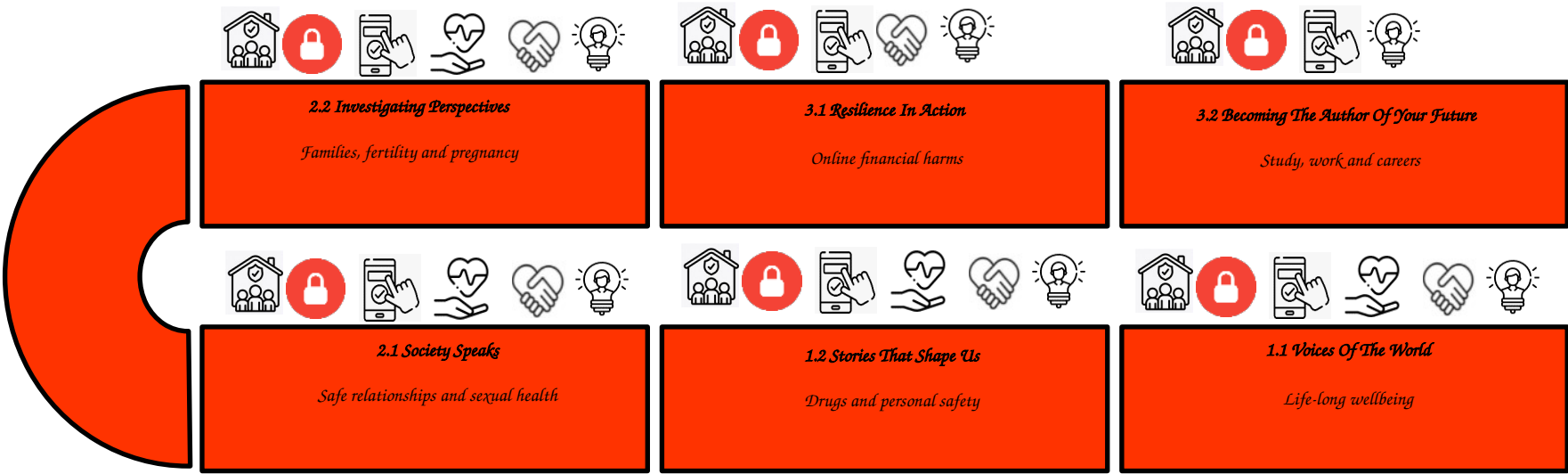
Please note: The Curriculum Map begins with Stars class at the bottom of this document

Big Ideas promoted in our PSHE Curriculum



Substantive Concepts of our PSHE Curriculum

Safe Me		To gain a further range of knowledge to keep myself safe, using and applying skills.
Healthy Me		To gain a further range of knowledge of what keeps humans healthy and how I apply this to my life stages. using and applying skills.
Caring Me		To gain a further range of knowledge on other people around me and how to support them. using and applying skills.
Understanding Me		To gain a further range of knowledge of my own needs and the impact this has on later life. using and applying skills.
Online Me		To begin to gain knowledge on how to stay safe online and how to take steps to manage a digital footprint.
Safeguarding Me		By prioritising safeguarding as a thread throughout the PHSRE ensures that the skills and knowledge that children require to keep themselves safe is consistently taught.





2.2 Power & Conflict

Managing influence



3.1 Resourcefulness & Resilience

Exploring consent and recognising abuse



3.2 Identity

Study, work and careers



2.1 Social Divides, Rich & Poor

Friendship, diversity and challenging extremism



1.2 A Christmas Carol

Navigating the online world



1.1 Macbeth

Independence, health choices and wellbeing



2.2 Blood Heart

Managing risk in relation to the law



3.1 Road Trip USA

Healthy relationships



3.2 I Am Warrior

Navigating online harms



2.1 Tremors

Drug education



1.2 Spirit

Careers and future choices



1.1 I Gods & Mortals

Mental health and wellbeing



2.2 Heroes & Villains

The online world



3.1 Scream Machine

Healthy and unhealthy relationships.



3.2 Allotment

Managing money



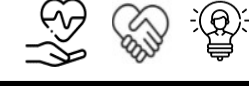
2.1 Peasants, Princes & Pestilence

Belonging and community



1.2 1066

Personal safety and managing risk



1.1 Stargazers

Health and wellbeing



2.2 Urban Pioneers

Puberty and keeping safe



3.1 Moon Zoom

Influences on relationships



3.2 Interconnected World

Financial decisions



2.1 Predator

Families and changing relationships



1.2 Tribal Tales

Friendship and bullying



1.1 Ancient Egyptians

Emotional wellbeing: managing change and transition



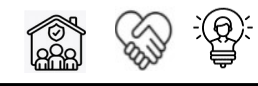
2.2 Playlist

Drug education: assessing risk and managing influences



3.1 Beat, Bangs & Boogie

Developing our AI literacy



3.1 Blue Abyss

Looking into the future



2.2 Our Changing World

Changes in puberty (and sex education)



1.2 Traders & Raiders

Managing money and online spending



1.1 Bright Lights Big City

Mental health and wellbeing



2.2 Rio De Vida

Money matters and news literacy



3.1 Enchanted Woodland

Me, my body and growing up



3.2 Our Wonderful World

Families and growing together



2.1 Paws, Claws & Whiskers

Forming respectful relationships



1.2 Team

Exploring ways to manage risk



1.1 Memory Box

Mental health and wellbeing

Eclipse
& Orbit

Nebular

Stars &
Twilight

Nova &
Lunar

Comets &
Astro

Rockets