



PE



PE Curriculum Map

Physical Education - Our Why?

The intent of the Physical Education curriculum at Discovery is to allow our pupils to be confident and competent in physical activity as well as being creative and critical thinkers around leading an active and healthy lifestyle. Pupils will develop their knowledge and skills through our Knowledge and Skills statements driven by the PE National curriculum.

Our pupils will develop their knowledge and skills through a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way, which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect

Big Ideas promoted to our Physical Education Curriculum



Humankind



Creativity



Exploration



Nature

Substantive Concepts of our Physical Education Curriculum

Compete		Develop competence to excel in a broad range of physical activities and engage in competitive sports and activities.
Perform		Know how to lead healthy and active lives by engaging in physical activity.
Collaborate		Know how to be physically active for sustained periods of time with and amongst others.



2.1
OAA/Fitness



3.1
Striking Cricket/Athletics



3.2
Striking Tennis/ Rounders



2.1
Gymnastics/Dance/Team Activities



1.2
Net Sports



1.1
Invasion Games

U6

