



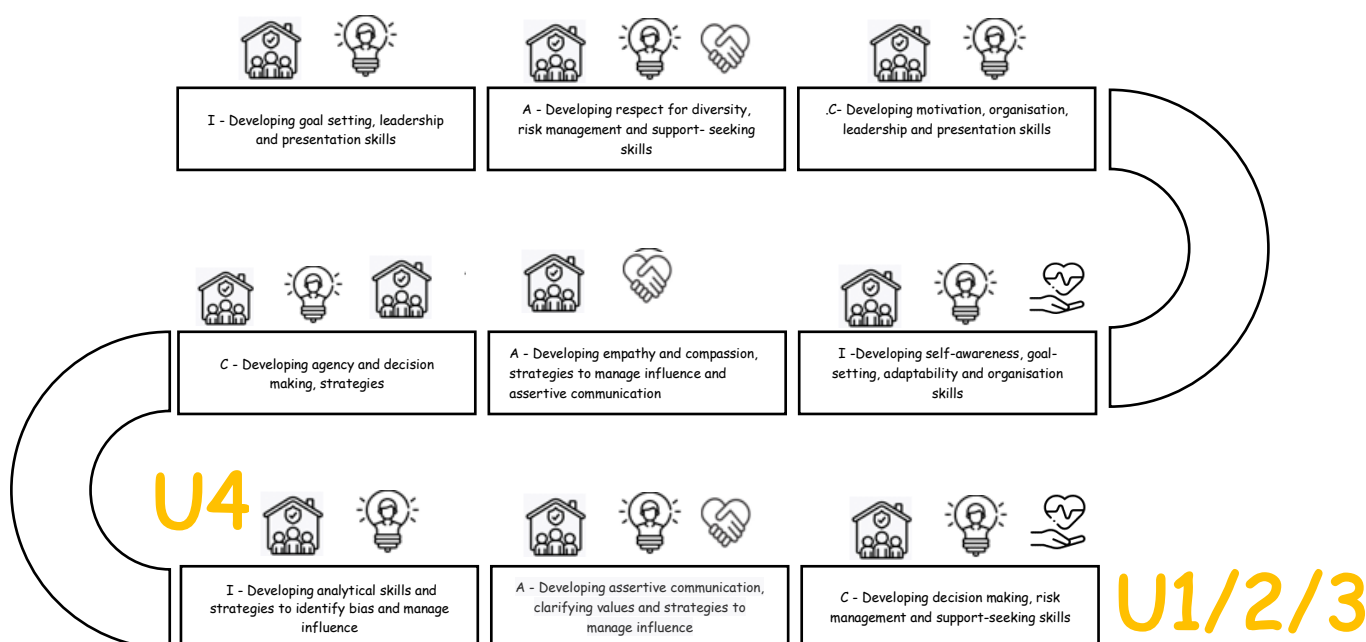


Curriculum Map L1-U4

The aim PHSE/SRE curriculum at Discovery is to allow our pupils to be Healthy, social, free thinkers that are safe and aware of the world around them. Pupils develop their knowledge and skills through the grades and steps driven by a theme for PHSE every half term that uses the 4 corners of Engage, Develop, Innovate and Express to embed learning.

Please note: The Curriculum Map begins with L1 at the bottom of this document

Safe Me		To begin to gain knowledge to keep myself safe
Healthy Me		To begin to gain knowledge of what keeps humans healthy and how I apply this to my life stages.
Caring Me		To begin to gain knowledge on other people around me and how to support them.
Understanding Me		To begin to gain knowledge of my own needs and the impact this has on later life.





Curr ap



I - Developing risk management skills, analytical skills and strategies to identify bias

A - Developing self-confidence, risk management and strategies to manage influence

C - Developing empathy, compassion and strategies to access support

U1/2/3



I - Developing goal setting, motivation and self-awareness

A - Developing communication and negotiation skills, clarifying values and strategies to manage influence

A - Developing respect for beliefs, values and opinions and advocacy skills



I - Developing risk management skills, analytical skills and strategies to identify bias

A-Developing respect for beliefs, values and opinions and advocacy skills

. C - Developing agency and strategies to manage influence and access support

L4/5



H - Puberty, personal hygiene, menstruation

H -Keeping safe. Medicines and drugs

L - Respecting ourselves and others. Managing conflict



L - What makes a community? Belonging

R - Families and Friendships

H - Physical Health and mental wellbeing

L3



H - How to grow up healthy, how have we changed?

R - Respecting ourselves and others

L - What makes a community? Stereotypes



L - What keeps us safe?

R - Families and friendships

H - Physical health and mental wellbeing

L2



H - Who helps to keep us safe? Privacy and permission

R - Who is special to us? Families

L - What can we do with money?



L - How can we look after each other and the world? Boundaries

R - What is the same and different about us? Friendships

H - What helps us stay healthy? Focus on self-esteem

L1