

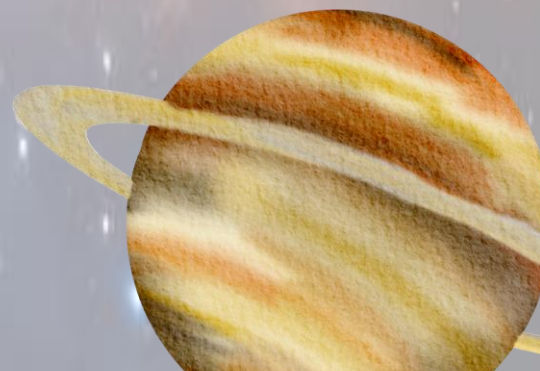
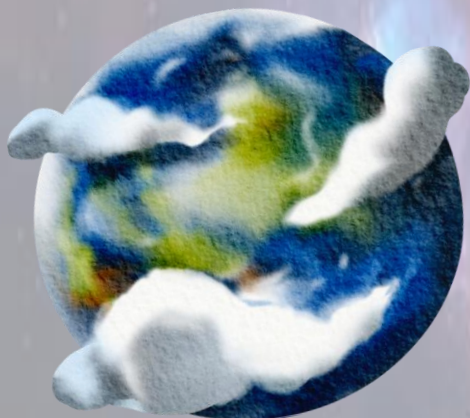


# Crew Commitments

Our Crew Commitments are opportunities and experiences that we think you should enjoy before you leave Discovery!

By the time you leave this journal will be full of memories for you to cherish forever.

Open to find your  
adventures





## Crew Commitment # 1:

I will know my rights and how to make sure they are respected

- ☐ I will take part in a school election
- ☐ I will meet a local politician
- ☐ I will take part in a Rights to Rights curriculum
- ☐ I will campaign for something I believe in #ChangeMakers



### Key words

law	vote	rights	responsibility
elect	politics	impact	democracy





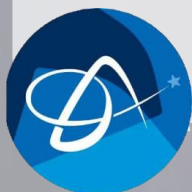
## Crew Commitment # 2:

I know my next steps in education and employment

- ☐ I have had a careers interview
- ☐ I have carried out work experience
- ☐ I have visited a University
- ☐ I have followed a Life Skills curriculum
- ☐ I will have qualifications #ChangeMakers
- ☐ I will have done a mock job interview

### Key words

resilience	strengths	support	qualifications
interview	skills	experience	apprenticeship





### Crew Commitment # 3:

I will know how to visit new places and how to get there

- ☐ I have been to a different city
- ☐ I have been to the coast
- ☐ I have been on a train
- ☐ I have done travel training #ChangeMakers
- ☐ I have bought a ticket
- ☐ I had the opportunity to go on a residential

#### Key words

Key words			
public transport	route	discount	independence
reservation	tourism	explore	GPS



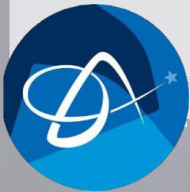


**Crew Commitment # 4:**

I will have a healthy and respectful relationship with the outside world and know how to enjoy it

- ☐ I have been to the countryside
- ☐ I have been camping
- ☐ I have taken part in a sporting event
- ☐ I have been part of a team #ChangeMakers
- ☐ I have taken care of an animal
- ☐ I will have taken part in a charity hike
- ☐ I will have taken on a leadership role #ChangeMakers

Key words			
nature	landscape	flora	fauna
environmental		biodiversity	





## Crew Commitment # 5:

I will know how to express myself and to enjoy my own creativity

- ☐ I have met an artist
- ☐ I have been to an art gallery
- ☐ I have been to the theatre
- ☐ I have taken part in a performance #ChangeMakers
- ☐ I have played a musical instrument
- ☐ I have taken part in a dance or art workshop
- ☐ I have been to a disco or party

### Key words

create	culture	diversity	express
design	perform	analyse	health





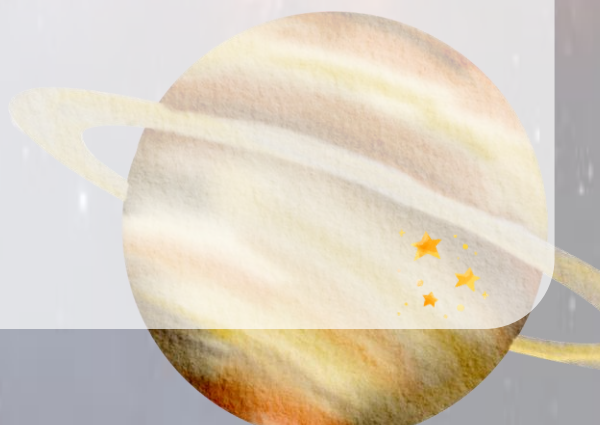
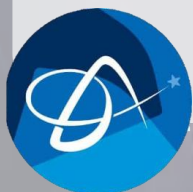
## Crew Commitment # 6:

I respect other people, their beliefs and their thoughts and feel confident about my place in the world

- ☐ I have celebrated a festival
- ☐ I have visited a place of worship
- ☐ I have interviewed a religious leader
- ☐ I have done voluntary work #ChangeMakers
- ☐ I have raised money for charity #ChangeMakers

### Key words

community	faith	respect	beliefs
fundraising		charity	volunteer





Dreamers  
Believers  
Achievers