

Personal Development @ Discovery:

What do we do?

The Personal Development (PD) curriculum will prepare students for life in modern Britain, focusing on character, resilience, and safety. PD is aimed at promoting student well-being and inclusion while fostering an holistic approach.

Personal Development @ Discovery: What do we do?

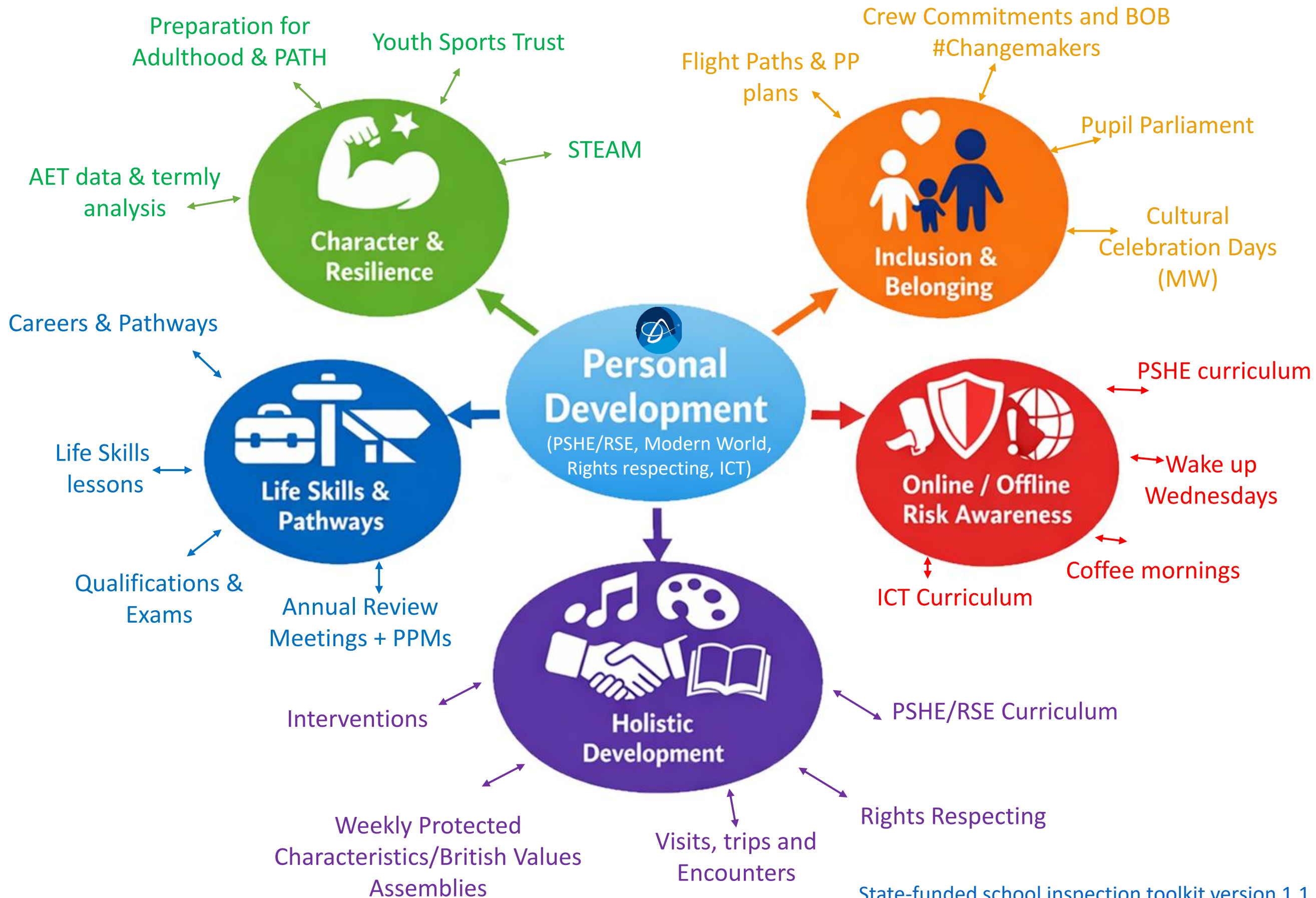
At Discovery Academy we believe every experience is a learning opportunity for our pupils.

We ensure, therefore, that each pupil is given a range of experiences that enhance their lifelong learning in the following ways:

- That each pupil has the ability to **understand difference** and **appreciate the richness** that this brings to our world.
- That each pupil **takes pride in and values their role in the future** and knows that they can **make a positive impact on society** as **#Changemakers**
- That each pupil is **confident, curious and compassionate** as they engage with the world around them.
- That each pupil develops a secure **decision-making capability** that takes into consideration others views.
- That each pupil **uses their voice** and develops skills as **an effective listener**.

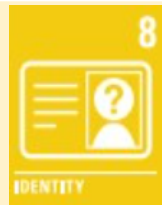
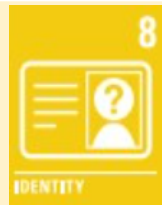
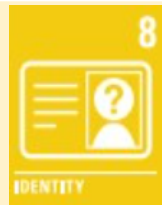


Personal Development



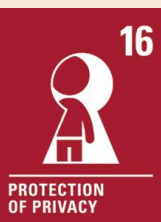
2026-27

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Half Term 1		Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8															
Protected Characteristic		Disability; learn about what makes us unique, what have special needs means for different people in our school, community and in the wider world.																						
Big Ideas Focus		Humankind: By embracing and celebrating all people and their differences we get to enjoy humankind in all its form.																						
Preparation for Adulthood Focus		Community Engagement: re-joining the school community, exploring our extra-curricular offer, going out into the local community																						
British Value of the half term		Mutual Respect: linking to 'disability' and the fact that all people are owed respect regardless of their ability																						
PSHE Focus (Lower)	Mental health and wellbeing																							
PSHE Focus (Upper)	Mental health and wellbeing and choices																							
Rights to Rights Focus																								
Assemblies	<table><tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>Introduction PC's/Disability</td><td>Mutual respect- link to Disability'</td><td>Autism</td><td>What is it like to be deaf?</td><td>Invisible disabilities and empathy</td><td>Mental Health</td><td>Paralympic heroes</td><td>Showcase work linked to PC</td></tr></table>																Introduction PC's/Disability	Mutual respect- link to Disability'	Autism	What is it like to be deaf?	Invisible disabilities and empathy	Mental Health	Paralympic heroes	Showcase work linked to PC
																								
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HOUSE VALUE: Billy says “it is important for people with **disabilities** to **believe** in themselves...”

Half Term 2		Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
Protected Characteristic		Age; learn about how things change as we get older, what is the difference between an adult and a child (link to worries), consider old age and illness (be aware of any recent bereavement or family illness)						
Big Ideas Focus		Humankind; learn about the people around you. Grow your understanding of your class, your school and your community (for all ages).						
Preparation for Adulthood Focus		Health; Keeping ourselves safe and healthy, at school and at home						
British Value of the half term		Individual Liberty; Link to learning around age and health – What are our health rights? At what age do our rights change?						
PSHE Focus (Lower)	Managing risks and the future							
PSHE Focus (Upper)	Friendships and online safety							
Rights to Rights Focus								
Assemblies		Introduction to 'Age' as a protected characteristic	Quiz on legal ages e.g. voting, driving etc,	What is like to be a veteran?	Social media and suitability and online safety	Kindness in the community – what can we do to help older people where we live?	Local news story link	Learn from the past (People with experience
House and Cultural Events								



HOUSE VALUE: Daisy Dreamer says “Dream big about your future and make every day count!”

Half Term 3	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
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Protected Characteristic	     THE RULE OF LAW	Sex & Sexual Orientation; learn about how our bodies are the same and different, understand that some people are attracted to people of the same sex				
Big Ideas Focus		Creativity; celebrate identity, friendships and relationships through creative expression.				
Preparation for Adulthood Focus		Community Engagement; Find about more about the history of LGBTQ+ rights in Sheffield (see exhibition at Western Park museum) Learn how to discuss views respectfully.				
British Value of the half term		Rule of Law; Understand the law in relation to discrimination around gender and sexuality.				

PSHE Focus (Lower)	Respect, relationships and body changes					
PSHE Focus (Upper)	Community, drugs and developing friendships					
Rights to Rights Focus						
Assemblies	Introduction to 'Sex and Sexual Orientation'	Who was Alan Turing?	This Girl Can (link to #Changemakers sports leaders)	Link to news story	LGBTQ+ Month	The history of gay rights
House and Cultural Events						



HOUSE VALUE: Archer says "We have to know who we are in order to **achieve** our dreams!"

Half Term 4	Wk1	Wk2	Wk3	Wk4	Wk5
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Protected Characteristic




Big Ideas Link



Preparation for Adulthood Focus



British Value of the half term



 DEMOCRACY

PSHE Focus (Lower)

PSHE Focus (Upper)

Rights to Rights Focus

Assemblies

House and Cultural Events

Pregnancy and Maternity & Marriage and Civil Partnership; learn about different families, the choices people make as adults

Rights; Everybody has a right to be safe

Employment; Link the gender gap with older students

Democracy; Britain is a democracy; this means that the people in Britain vote for the people who make the laws and decide how the country is run

Drug education, body changes and news literacy				
Managing risks and influence				
				
Introduction to 'Pregnancy and Marriage'	Different kinds of families	Marriage around the world	Refugee children	Suffragettes



HOUSE VALUE: Daisy **dreams** of “a world where everybody feels part of a happy, safe family.”

Half Term 6		Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
Protected Characteristic		Gender reassignment; learn about the difference between sex and gender and the role they play in identity and stereotypes					
Big Ideas Passport Challenge		Exploration; People are free to explore their own identify and free will and to engage in the world freely and with confidence					
Preparation for Adulthood Focus		Health; mental health and the role relationships, sex and gender can have on it					
British Value of the half term	 MUTUAL RESPECT	Mutual respect: Everybody deserves the same love and respect regardless of how they identify					
PSHE Focus (Lower)	Growing together and looking to the future						
PSHE Focus (Upper)	Managing money, online harms and the future						
Rights to Rights Focus							
Assemblies	Introduction to 'Gender Reassignment'	The law relating to gender reassignment	How do we express our identity?	News story linked to mental health related to gender	Mythbuster quiz	Celebration assembly	
House and Cultural Events							



HOUSE VALUE: Billy **believes** “Everyone should feel safe to be who they truly are.”