




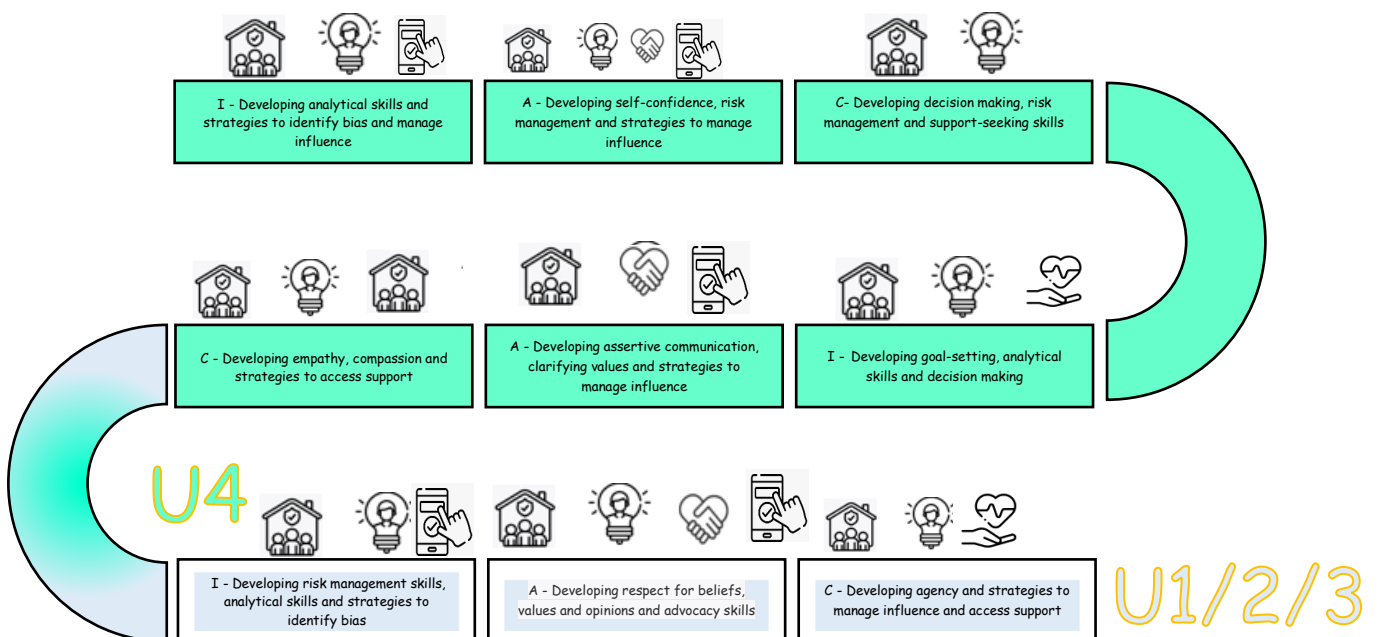


# Curriculum Map L1-U4

The aim of the PHSE/SRE curriculum at Discovery is to allow our pupils to be Healthy, social, free thinkers that are safe and aware of the world around them. Pupils develop their knowledge and skills through the grades and steps driven by a theme for PHSE every half term that uses the 4 corners of Engage, Develop, Innovate and Express to embed learning.

Please note: The Curriculum Map begins with L1 at the bottom of this document

<b>Safe Me</b>		To begin to gain knowledge to keep myself safe
<b>Healthy Me</b>		To begin to gain knowledge of what keeps humans healthy and how I apply this to my life stages.
<b>Caring Me</b>		To begin to gain knowledge on other people around me and how to support them.
<b>Understanding Me</b>		To begin to gain knowledge of my own needs and the impact this has on later life.
<b>Online Me</b>		To begin to gain knowledge on how to stay safe online and how to take steps to manage a digital footprint.





# Cultural Cap



I - Developing goal setting, motivation and self-awareness

A - Developing communication and negotiation skills, clarifying values and strategies to manage influence

C - Developing agency and strategies to manage influence and access support

## U1/2/3



C - Developing agency and strategies to manage influence and access support

A - Rights in the community, Relationship boundaries

I - Developing goal setting, organisation skills and self-awareness



I - Developing self-confidence and self-worth

A - Developing empathy, compassion and communication

C - Developing agency, strategies to manage influence and decision making

## L4/5



H - How can we keep healthy as we grow?

R - How do friendships change as we grow? Managing conflict.

L - What decisions can people make with money?



L - How can the media influence people?

R - What will change as we become more independent?

H - How can we keep healthy as we grow?



## L3

H - How will we grow and change?

R - How do we treat each other with respect? Stereotyping.

L - How can our choices make a difference to others and the environment?



L - How can we manage risks in different places?

R - How can friends communicate safely?

H - How can we manage our feelings?



## L2

H - What helps us stay healthy? Focus on self-esteem

R - Who is special to us? Families

L - What can we do with money?



L - How can we look after each other and the world? Boundaries

R - What is the same and different about us? Friendships

H - Who helps to keep us safe? Privacy and permission

## L1