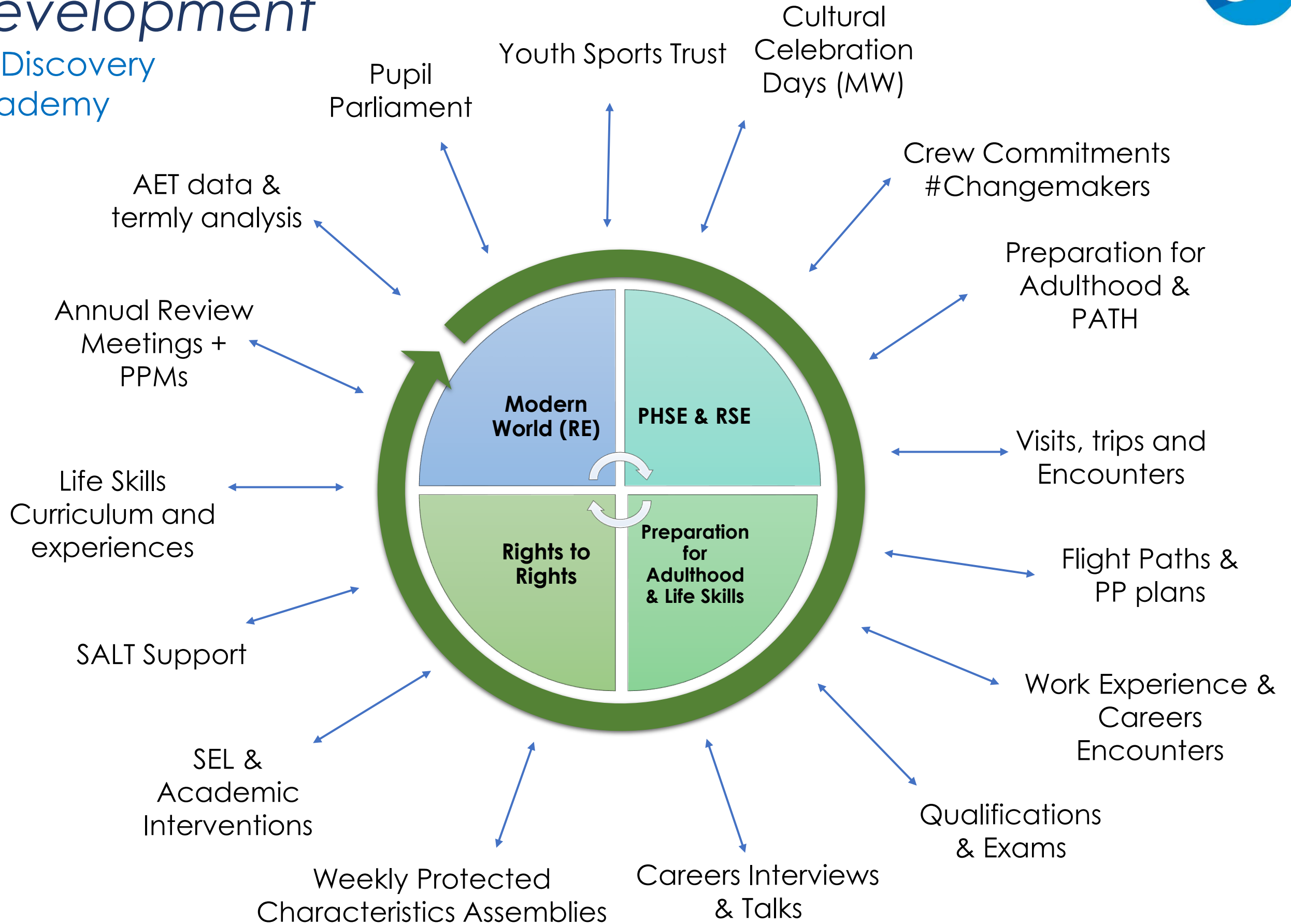


Personal Development

at Discovery Academy



2025-26

The Personal Development curriculum aims to create opportunities for children re-visit their learning in the context of a local, national and global community. It asks them to look both inwardly and outwardly in order to develop understanding and skills for life.

Half Term 1	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk 8
British Value	<div>  <p>MUTUAL RESPECT</p> </div> <p>Mutual Respect: we should respect others regardless of their similarities and/or differences.</p>							
Big Ideas Focus	<div>  </div> <p>Rights; Everybody has a right to be respected.</p>							
Preparation for Adulthood Focus	<div>  </div> <p>Health: in order to have good mental health we need to have a strong sense of self-respect</p>							
PSHE Focus (Lower)	<p>Health & Wellbeing; Growing and changing, keeping safe, healthy lifestyles</p>							
PSHE Focus (Upper)	<p>Health & Wellbeing; Healthy decisions, drugs and alcohol, puberty and sexual health, sexual identity</p>							
Rights to Rights Focus								
Assemblies	What is mutual respect?	Real life superheroes – Paralympians	Should we “respect our elders”?	Respect and relationships	Football says ‘no to racism’	What to do if you feel disrespected – how to speak up	What are boundaries and why are they important?	Respecting other’s POVs
Linked Protected Characteristic	All					All	All	All
House and Cultural Events	International literacy day				Online careers event	World Space Week World mental health day		‘Jamaica Hero’s’ day



HOUSE VALUE: Billy says “Self-belief leads to self-respect.”















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Half Term 2		Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
British Value		Individual Liberty: teaching children to make their own choices, act, and express themselves						
Big Ideas Focus		Exploration: People are free to explore their own free will and to engage in the world freely and with confidence						
Preparation for Adulthood Focus		Community Engagement: All people should feel free and safe to explore their local environment and to be part of a community.						
PSHE Focus (Lower)	Understanding me							
PSHE Focus (Upper)	Caring me							
Rights to Rights Focus								
Assemblies	What is individual liberty?	What is freedom of speech? What is a hate crime?	Rights vs. Responsibility / What I can do vs. What I should do.	Youth Parliament	Creative expression; celebrating dance (a performance?)	Religious / traditional dress.	Using our freedom to do good (Christmas charity)	
Linked Protected Characteristic	All	All	All					
House and Cultural Events		World Science Day Remembrance Day Anti-bullying week Children in need/Girl power day		Christmas Fair	Whole school pantomime visit	Carol singing in the community Upper school Christmas show Christmas jumper day	Lower school Christmas show Discovery masked singer Christmas disco	



HOUSE VALUE:
y Dreamer says “You’re free to be who you want to be...but we should all want to be kind!”

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Half Term 3		Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
British Value	 THE RULE OF LAW	The Rule of Law: we will learn that laws are there to protect everyone, that everyone must follow them, and that laws help keep us safe and treat people fairly					
Big Ideas Focus		Humankind: By following the rule of law we can ensure that all humans feel safe and are protected					
Preparation for Adulthood Focus		Independence: Our laws ensure that people who need to support to live independently get the help and care they need.					
PSHE Focus (Lower)	Caring Me						
PSHE Focus (Upper)	Understanding Me & Online me						
Rights to Rights Focus							
Assemblies	What is the rule of law?	True or False quiz – laws related to age.	Multiple choice style quiz on race and religion in the law	Who makes the laws? Are men and women equally represented in government?	The history of gay rights	Why is it the law that people with disability get extra support?	
Linked Protected Characteristic	All		 				
House and Cultural Events			Martin Luther King Day, Big Write Day	Holocaust Memorial Day, Tuesday	Time to Talk' Day, family event Makaton Performance at	Safer Internet Day Valentines Day Disco STEAMFest	



HOUSE VALUE:
Archer Achiever says “The law ensures we have a safe and kind place to live.”

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Half Term 4		Wk1	Wk2	Wk3	Wk4	Wk5
British Value		Democracy: Britain is a democracy; this means that the people in Britain vote for the people who make the laws and decide how the country is run. If we didn't have a democracy, just one person might be able to make all the laws and that would not be fair.				
Big Ideas Focus		Rights: In the UK, people over the age of 18 have the right to vote.				
Preparation for Adulthood Focus		Independence: Knowing how to vote and who to vote for allows young people to take part in democratic elections.				
PSHE Focus (Lower)	Heathy Me					
PSHE Focus (Upper)	Understanding me					
Rights to Rights Focus						
Assemblies	Introduction to key language	Houses of Parliament and our democratic system	Our Youth Parliament	Should the voting age change?	Suffragettes	
Linked Protected Characteristic	All	All				
House and Cultural Events	Chinese New Year celebrations	Careers week World book day Girl power day	British science week Parents evening	Eid-al-Fitr celebrations Red nose day	Colour run	

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Half Term 5	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6
British Value		Tolerance: In Britain, we accept that other people might have different beliefs, ways of life, feelings, opinions and abilities than ours.				
Big Ideas Focus		Humankind: By embracing and celebrating all people and their differences we get to enjoy humankind in all its form.				
Preparation for Adulthood Focus		Community Engagement: In order to engage fully with our community we must understand and embrace it.				
PSHE Focus (Lower)	Heathy Me					
PSHE Focus (Upper)						
Rights to Rights Focus						
Assemblies	What does tolerance mean?	Why does Pride month exist?	Invisible disabilities and empathy		Sibling rivalry and why it is normal	Non verbal communicators
Linked Protected Characteristic						
House and Cultural Events	World Art Day	Earth Day	Family Woodland schools evening Parents evening	Discovery Futures event (Upper)	VE day Celebrations	National numeracy day Big ideas on Heritage day

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Half Term 6	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
British Value	 Tolerance: In Britain, we accept that other people might have different beliefs, ways of life, feelings, opinions and abilities than ours.						
Big Ideas Focus	 Humankind: By embracing and celebrating all people and their differences we get to enjoy humankind in all its form.						
Preparation for Adulthood Focus	 Community Engagement: In order to engage fully with our community we must understand and embrace it.						
PSHE Focus (Lower)	Understanding Me						
PSHE Focus (Upper)	Understanding Me						
Rights to Rights Focus							
Assemblies	Racial slurs and Hate crime	Different families	Religious dress	Rights to be respected	Celebrating with others	Our school as a community	Celebration Assembly
Linked Protected Characteristic						All	All
House and Cultural Events	Eid al-Adha party	Pride Day Disco	National sports week Sports day	RSE day Y11 leaves day and prom			Family picnic

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